



Effective 11/27/2020

YMCA of Kingston and Ulster County POOL SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Precautions we will be taken to ensure health and safety at the Y Pool: *Reservation only. Walk ins will not be permitted at this time. *Limited capacity as mandated by NYS UC DOH. *New COVID-19 Code of Conduct must be signed online before entering the facility. *The pool area will only be open for members. Guests will not be allowed to use the facility at this time. *All members entering the YMCA will be subject to health screening questions and temperature check prior to entrance to the facility. Members will not be granted access to the facility if exhibiting signs of COVID-19. *All members entering the pool area must check in at welcome center. *Acceptable face coverings (covers both mouth and nose) must be worn throughout the facility until the member reaches his/her designated area in the pool. *Acceptable face coverings must be worn when exiting the facility from the designated area. *All individuals in the facility are required to maintain a distance of at least six feet from other individuals at all times, in and out of the water, unless members of same household/family unit. *Face coverings should NOT be worn in the water. *All members must sanitize their hands before they enter and exit the facility. *Locker rooms and showers will be available. Members must maintain six feet distance in the locker rooms at all times. Members must spray the showers before and after each use with the Alpha- HP Multi-surface disinfect. Face coverings may be removed when in shower by must be worn immediately leaving shower stall. *There will not be any equipment available for public use. Members are encouraged to bring their personal equipment. *Cleaning and disinfecting of high-touch areas will be increased. *Social distancing signs and markers will be present to remind members and staff to keep six feet of spacing between themselves and those outside their household.
5:00-7:00	Lap Swim (5am-10:20am)	Lap Swim (5am-10:20am)	Lap Swim (5am-10:20am)	Lap Swim (5am-10:20am)	Lap Swim (5am-9:20am)			
7:00-9:30								
9:30-10:15					Water Fitness			
10:15-10:30								
10:30-11:15	Water Fitness	Water Fitness	Water Fitness	Water Fitness	Water Fitness	Open/Lap Swim (12-1pm)		
11:15-1:15	Lap Swim Only (11:15-1:15pm)	Lap Swim Only (11:15-1:15pm)	Lap Swim Only (11:15-1:15pm)	Lap Swim Only (11:15-1:15pm)	Lap Swim Only (11:15-1:15pm)			
1:15-2:00	Closed for Cleaning	Closed for Cleaning	Closed for Cleaning	Closed for Cleaning	Closed for Cleaning			
2:00-3:00pm								
3:00-4:00								
4:00-5:30pm	Open/ Lap Swim (7:30-9pm)	Open/ Lap Swim (7:30-9pm)	Open/ Lap Swim (7:30-9pm)	Open/ Lap Swim (7:30-9pm)	Open/ Lap Swim (7:30-9pm)			
5:30-7:30								
7:30-9:00								

* The Y reserves the right to adjust schedule as needed.*