FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAFE POOLS HAVE RULES

1. Deep end swimming requires a swim test.
2. Shower is required before entering the pool.
3. Swimming without a lifeguard present is prohibited.
4. Breath-holding activities are not permitted in the pool.
5. Walk at all times.
6. Proper swim attire must be worn at all times. No cutoffs or t-shirts.
7. Only Coast Guard approved PFD's (personal floatation device) are permitted.
8. Food, soda, gum and candy are not permitted in the pool area.
9. Horseplay of any kind is not permitted in the pool area.
10. Glass containers are not permitted in the pool area.
11. Hanging on lap lanes or float lines is not permitted.
12. An adult (18+) must be present on the swimming pool deck or in the water for those children under the age of 10 who wish to swim.
13. Ask a lifeguard before borrowing any pool equipment and put borrowed equipment away neatly.
14. Lifeguards have the final decision in all matters concerning your safety in and around the pool.
15. If your child is not potty-trained "swim diapers" or rubber pants are required. Regular diapers are not allowed .
16. Urinating, discharge of fecal matter, expectorating or blowing the nose in any swimming pool is prohibited.
17. No street shoes are permitted on deck.
18. No diving in water less than 8 feet deep.