



Effective 6/28/2021

YMCA of Kingston and Ulster County

POOL SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-9:00	Lap Swim (5am-10:20am)	Lap Swim (5am-9:20m)	Lap Swim (5am-10:20am)	Lap Swim (5am-9:20m)	Lap Swim (5am-9:20m)		
9:00-9:30						Open/Lap Swim (7:30-9:30am)	Closed for Y Programs (8am-9am)
9:30-10:00		Water Fitness Classes			Water Fitness Classes	Water Fitness Classes	Closed for Y Programs (10am-12pm)
10:30-11:15							
11:15-12:30	Pool closed for Cleaning	Lap Swim Only (11:30-12:30pm)	Pool closed for Cleaning	Lap Swim Only (11:30-12:30pm)	Pool closed for Cleaning	Open/Lap Swim (12-2pm)	
12:30-1:00	YMCA Camp Starfish	YMCA Camp Starfish	YMCA Camp Starfish	YMCA Camp Starfish	YMCA Camp Espous		
1:00-2:00pm							
2:00-3:45							
4:00-6:30	Closed for Y Programs (4pm-6pm)	Open/ lap Swim (3:30-5pm)	Closed for Y Programs (4pm-6pm)	Open/ lap Swim (3:30-5pm)	Open/ lap Swim (3:30-5pm)		
		Closed for Y Programs (5pm-7:30pm)		Closed for Y Programs (5pm-7:30pm)	Closed for Y Programs (5pm-7:30pm)		
6:00-7:00	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim		
7:00-9:00							

** Possible private swim lesson scheduled during open/ lap times. (PSL WILL US THE RAMP LANE)

* The Y reserves the right to adjust schedule as needed.*