



# COUNSELOR IN TRAINING APPLICATION

For applicants that participated in the 2020 LIT Program.

Ulster County Dept. of Health requires Day Camp counselors to be at minimum 16 y/o.

Before you begin completing your application be sure to read this letter.

Dear Counselor in Training Candidate,

At Camp Seewackamano we take the Counselor in Training Program very seriously. We believe the future of our camps lie within you. We will train you and give you the tools necessary to become a great counselor. How you decide to use those tools is up to you. Whether you have been a camper before, or this is your first experience with us, we believe you have the potential to be a great asset to Camp Seewackamano and the YMCA of Kingston & Ulster County.

Please understand that if you are accepted into the CIT Program you are no longer a "camper". This means that from the moment you accept this position you will need to be a positive role model at camp, at the YMCA, and in public. As a CIT, you are a representative of the YMCA. Campers of all ages will now be looking to you for comfort, direction, and guidance.

Throughout the summer, you will be working with the Leadership Team and Counselors on team building, activity planning, role modeling, problem solving, supervision, and a camp & community service project. The other part of your CIT experience will be working within an assigned group of campers and staff. This will give you the chance to implement the skills you learned from the planning time with the Leadership Team and your peers.

I hope after you have read this letter, you're still interested in being a CIT and understand how important your role is to us.

**Upon completion of this application please mail/drop off or email pages two and three of this packet to:**

**Cailin Rooney  
YMCA of Kingston and Ulster County  
507 Broadway  
Kingston, NY 12401**

**Or**

**crooney@ymcaulster.org**

**Acceptance to the program is based off of this application and your previous performance as an LIT. Follow up interviews will be arranged by the team that reviews your application if necessary.**

**Thank you for your interest in becoming a Camp Seewackamano CIT.**

**Sincerely,**

**Cailin Rooney**

**Youth Development Director**



# Camp Seewackamano CIT APPLICATION

Candidate's Name:		Date of Birth:	
Address:			
City:	State:	Zip:	
Home Phone:	Cell Phone:		
Email:	School:		

*We have a limited number of CIT openings. We accept the strongest candidates who are the most qualified and that demonstrate a desire to learn and grow as both a counselor and leader in our community. CIT positions do not guarantee a position on the staff team in following years.*

As you continue to grow as a staff member for the Y and our camp programs it becomes increasingly important to be aware of the impact you have on your peers and the youth of our community. The way you present yourself both in public and within the camp setting reflects on not only yourself, but on your peer group, Camp Seewackamano, and the Y as a whole. With this in mind, please complete the following questions to be typed and printed in the form of organized short essays.

1. Please reflect upon your time at Camp Seewackamano and all the staff that you have interacted with. Who stands out the most to you for their positive impact on you, the staff, and campers? How did they conduct themselves? What did they do to build strong relationships? Where would you begin in order to match the behaviors that they modeled?
2. When you think about your future, where do you see yourself? What would you like to do after High School? Even further, where would you like to be in ten years? What career do you see yourself pursuing and why? How would you like to be described by your co-workers?

3. Nobody is perfect. Think of a mistake you've made in the past year. How did it make you feel? How did it affect your peers? Were there any positive consequences as a result of your mistake? Did you have an adult or a friend to guide you through this mistake and its consequences? How did they guide you through it?

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I have read and answered the questions above and feel that my participation as a CIT will enhance the program for campers, staff and fellow CIT's. I understand that my role as a CIT is contingent upon submission of all paperwork and working in my role for at least two full sessions at camp.

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CIT Signature

Date

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Parent/Guardian's Signature

Date