



YMCA of Kingston and Ulster County

Effective 8/8/2022 until
9/4/2022

POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (5am-10:20am)	Lap Swim (5am-9:20m)	Lap Swim (5am-10:20am)	Lap Swim (5am-9:20m)	Lap Swim (5am-9:20m)	Open/Lap Swim (7:30-2pm)	Closed For Y program (9am-10am)
	Water Fitness Classes		Water Fitness Classes	Water Fitness Classes		Open/Lap Swim (10am-2pm)
Water Fitness Classes	Lap Swim Only (11:30-2:00pm)	Water Fitness Classes	Lap Swim Only (11:30-2:00pm)	Water Fitness Classes		
Pool closed for Cleaning	Lap Swim Only (11:30-2:00pm)	CCE Camp (11:30- 12:30pm)	Lap Swim Only (11:30-2:00pm)	Pool closed for Cleaning		
Open/Lap Swim (3:00pm- 9pm)	Open/Lap Swim (3:30pm- 9pm)	Open/Lap Swim (1:00pm- 3pm)	Open/Lap Swim (3:00pm- 9pm)	Open/Lap Swim (3:30pm- 9pm)		
		Closed for Y swim lesson/ water fitness Programs (4pm-6pm)				
Open/Lap Swim (3:00pm- 9pm)	Open/Lap Swim (3:30pm- 9pm)	Open/Lap Swim (6:00pm- 9pm)	Open/Lap Swim (3:00pm- 9pm)	Open/Lap Swim (3:30pm- 9pm)		

** Possible private swim lesson scheduled during open and lap times. (PSL WILL US THE RAMP LANE)**

* The Y reserves the right to adjust schedule as needed.*