



Dear valued Y members,

In support of preventing the spread of COVID-19, the Y is closing Monday, March 16th for two (2) weeks in an effort to stop the spread of the novel Covid-19 virus in the community. The building will be closed for fitness classes, afterschool care, and enrichment programming will also not be in session. Adjusting our services is not unique to the Y. Read more below about how the Y has evolved to meet our country's needs throughout history.

During this time of need, we are working with schools and community partners to support youth, families, and our senior population to stay healthy in spirit, mind, and body. We have launched Y360: Your Virtual YMCA [[https://www.youtube.com/channel/UCOGt\\_IpceP\\_xQhhCMCrut\\_A](https://www.youtube.com/channel/UCOGt_IpceP_xQhhCMCrut_A)] to provide high-quality programs in the comfort of your home. We are in the process of filming more programs for youth to provide resources for your children while school is out.

"These are extraordinary circumstances and we thank our members and community for their patience and understanding at this time. We are taking this measure to ensure public safety for all and will continue to monitor the situation and follow state and county guidance. We can and must stay connected during this time and will continue to update members and the community on the YMCA website and social media pages" said Heidi Kirschner, CEO/President of the YMCA of Kingston & Ulster County.

Our commitment is to this community. We welcome your comments on our Facebook page and encourage everyone to take care of each other during this unprecedented time.

Sincerely,  
Heidi Kirschner, CEO/President  
YMCA of Kingston & Ulster County