

the



2025 IMPACT REPORT

YMCA of Kingston & Ulster County



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA Mission Statement

The YMCA is an open, inclusive, interfaith movement which advocates Christian principles through programs that build character, respond to community needs and help build spirit, mind & body for all

The YMCA of Kingston and Ulster County is a private cause –drive not-for-profit. A community-based organization, the Y provides social, health, physical education and recreation services to the residents of Ulster County. The Y is focused on three areas of impact: youth development, healthy living, and social responsibility.

YMCA programs includes school-age child care, health enhancement / fitness classes, summer camps, swim lessons for all ages, special scholarship programs for low-income youth and families, and physical rehabilitation programs. The YMCA serves everyone from infants to seniors.

Youth Development

Honoring the potential of every child and teen, we know all kids have potential and should have the opportunity to discover who they are, express themselves, and be nurtured in all their possibility.

Healthy Living

We know that everyone has the desire to be well and that well-being is best cultivated by providing supportive relationships and environments. We believe that all people should have the opportunity to be well in spirit, mind, and body.

Social Responsibility

We believe that we have a duty to give back and provide support to our community. The Y helps where help is needed. We believe that with support and resources, people can improve their own lives and the lives of others.

A Letter From the CEO and Chairman

This year has reminded us that communities need to work together and it has shown us what happens when we act together with a purpose. At the YMCA, our mission has always been centered on strengthening the foundations of community and in 2025, we saw that mission come to life in extraordinary ways. The Y ensured every child has a safe place to learn and grow, supported families seeking wellness and belonging, and expanded initiatives that reach people who need us most. In 2025 as always, your YMCA stood as a trusted partner, advocate, and resource.

Our team, the staff, volunteers, members, and supporters, continues to lead with compassion and innovation. Together, we launched new programs that close opportunity gaps, expanded access to health and wellness services, and responded to emerging needs with agility and care.

This Impact Report reflects not only the measurable progress we've made, but also the profound personal transformations happening in our after school sites, programs, and outreach efforts. Through youth development, healthy living, and social responsibility, the Y fosters connection, builds confidence, and creates opportunities for all.

As we look ahead, we remain committed to building a Y that is more inclusive, more accessible, and more impactful than ever before. We are excited for what lies ahead as we invest in our facilities, enhance program quality, and broaden our reach to serve the evolving needs of our community.

Thank you for believing in this work and for being a part of the YMCA family. We are stronger because of you. Together, we make a lasting difference.

Sincerely,



Heidi G Kirschner
CEO/President



Todd Jordan
Chairman of the
Board of Directors



Peggy Eifler
Member

Peggy embodies the Y values of caring, honesty, respect, and—most of all—social responsibility. Her story shows that while the Y inspires its members, members like Peggy also inspire the Y.

Since joining the YMCA of Kingston and Ulster County in 2012, Peggy has drawn strength from the Y community. After undergoing knee replacement surgery, she turned to the Y to reconnect with her passion for health and fitness. Through daily aqua fitness classes, she found not only physical recovery but a renewed sense of resilience and purpose. Her determination reminds others that wellness is as much about mental strength and positivity as it is about movement.

A retired nurse, Peggy extends her compassion beyond the pool. She volunteers to help seniors navigate health insurance with dignity and confidence, ensuring they receive the care they deserve. Her commitment to service reflects the deep inspiration she draws from the Y—and the powerful impact she gives back in return.



Bryan Correa
Staff

This summer, Bryan began his journey as a Summer Youth Employee with Ulster County, working at the YMCA's Starfish Summer Learning Program. He quickly developed a passion for the work, and his dedication and enthusiasm didn't go unnoticed—so much so that he was offered a permanent position as a regular Y employee. Through his experiences at the Y, Bryan discovered a deep passion for serving children and making a difference in their lives.

Bryan's growth at the Y has not only strengthened his skills but has also embodied the values of courage, resilience, perseverance, servant leadership, and advocacy. It is with great pride that we celebrate Bryan's achievement as he is honored with the Ulster County Sojourner Truth Award for his outstanding contributions to his community and his demonstration of these powerful qualities.

Keegan Burkhardt
Member, Volunteer,
and Staff



"Being a member, employee, and volunteer at the Y has shaped my interests and inspired me to give back to my community. I appreciate the many opportunities the Y provides to live a healthy and active lifestyle."

Keegan began swimming at the Y when he was just five months old. He loved the water so much that by age five he joined the Kingston YMCA Hurricanes Swim Team. His confidence in the pool eventually led him to teach swim lessons and earn his Lifeguard certification at the Y. It became his first job, where he learned the importance of responsibility and leadership.

Later, Keegan helped coach the Hurricanes Swim Team, guiding younger swimmers as they developed their skills and learned what it means to be part of a team. Today, he is attending Hartwick College, majoring in Nursing, and competes on the college swim and dive teams—an opportunity made possible by the foundation built during his years at the Y.



31,123 Water fitness enrollees
9,043 Lap Swimmers
300 Swim Lesson Scholarships provided (29%)
45 Kingston YMCA Hurricanes Swim Team members
(Participated in **12** swim meets)



MEMBERSHIP

Youngest member **5** months old
Oldest member **100** years old
25% of our members used Silver Sneakers or AARP Active and Fit
7% of our membership, received scholarships



CAMPS

1,145 campers
7% received financial assistance



FARM

Grew **4,976** pounds of produce
Donated **1,795** pounds of vegetables in collaboration with the Hudson Valley Farm Hub
Built a **3,280** square foot pollinator garden with native plants. Had **100** volunteers, including **30** youth



BASKETBALL

461 participants, **98** from Dutchess County & **363** from Ulster County
Participated in **25** tournaments, hosted **5** at our Y



CHILDCARE

New in 2025, ran Meagher Pre-K program for Kingston City School District. Five days a week, with full- and half-day options!
510 enrollments at **12** school sites, **11** in schools throughout Ulster County, **1** at the Y
25% of youth received financial assistance

2025 OUTCOMES

Here's how we impacted our community



HEALTH ENHANCING PROGRAMS

YMCA Joined New York State's Social Care Network so we can now screen Medicaid Members for unmet Health-Related Social Needs (HRSN)

Also Offered: Blood Pressure Self-Monitoring, CPR certification, Diabetes Prevention Program, Walk with Ease



SCREENING

Ensure all Members receive HRSN screenings



SOCIAL CARE NAVIGATION

Provide referrals and navigate Members to HRSN services



HRSN SERVICES

Deliver HRSN services



ADULT SPORTS

100 pickleball players. Held **2** tournaments with **35** enrolled in each
60 volleyball players
Also Offered: basketball, handball, and racquetball



YOUTH SPORTS

879 enrollees
Hosted **2** Unity Basketball Tournaments for youth to play law enforcement personnel
Sports offered: basketball, rowing, running, soccer, swimming, and volleyball



DONATIONS WE MADE

Gave **\$213,484** in financial assistance, **80% of it for youth**
Made **\$135,049** in donations including room use, community bike donations, and staff time
Gave **\$15,000** in college scholarships to Y youth
75 displaced people invited to take showers



GO BEYOND GREATNESS

(COLLABORATION)

Programming for **College and Career Readiness**
82 youth enrolled
100% completed high school
100% accepted into post-secondary programs



YOUTH EMPLOYMENT

YMCA GIVES MANY YOUTH THEIR FIRST JOB
62% of YMCA Employees are youth (**229** youth)
36% camp counselors
31% school childcare assistant teachers/mentors
19% aquatics lifeguard/instructors
10% farm crew
3% membership
1% youth sports

FINANCIAL SUMMARY (Unaudited)

Projected Fiscal Year Ending December 31, 2025
as of November 2025

STATEMENT OF FINANCIAL POSITION

Assets

- Cash in Bank
\$4,268,876
- Long Term Investments
\$2,540,542
- Fixed Assets
\$5,374,172

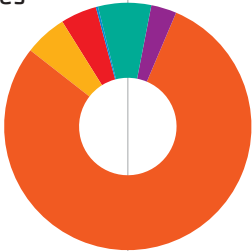
Total Assets \$12,183,590



Liabilities

- Liabilities
\$1,891
- Emp Withholding/Other Liabilities
\$862,752
- Long Term Indebtedness
\$403,145
- Fund Balance
\$9,790,702
- 2024 Income Over Expenses
\$678,350
- 2025 Income Over Expenses
\$573,066

Total Liabilities \$12,183,590

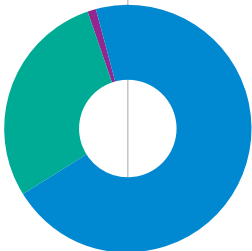


STATEMENT OF ACTIVITIES

Revenues

- Revenue
\$3,934,142
- Grants/Donations/Fundraising
\$1,634,973
- Endowments/Trusts
\$50,775

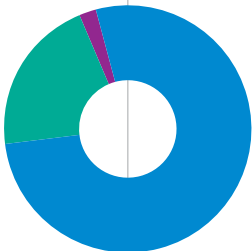
Total Revenue \$5,619,890



Expenses

- Program
\$3,916,356
- Management & General
\$1,052,875
- Fundraising
\$101,565

Total Expense \$5,070,796



OUR VISION FOR 2026

Our vision for the YMCA of Kingston and Ulster County is to ensure that every person in our community—regardless of age, background, identity, or income—has the support, resources, and sense of belonging they need to thrive. We see the Y as a unifying force that strengthens community well-being by promoting equity, advancing youth development, supporting mental and physical health, and fostering safe, connected neighborhoods.

A key priority moving forward is the continued growth of our senior programming. We aim to expand activities that promote active aging, reduce isolation, and build strong social support networks for older adults.

Equally important is our investment in youth. We know that developing confident, capable young people is essential to the long-term strength of our community. Across all of our youth programs—childcare, camp, farm programming, and athletics—we remain committed to teaching and modeling the Y’s core values of responsibility, caring, honesty, and respect.

We also recognize the importance of **maintaining a facility** that reflects the diverse needs and expectations of our members. As part of our long-term vision, we will continue to update and modernize our spaces to ensure they are safe, accessible, inclusive, and relevant for people of all ages and abilities. Our goal is to create a physical environment that supports meaningful programs today and positions the Y to serve future generations.

Through collaboration with community partners, we are addressing the most urgent needs facing Kingston and Ulster County: increased demand for quality childcare, expanded youth opportunities, support for families experiencing economic stress, inclusive environments that honor diversity, and accessible programs that promote mental and physical health.

Guided by compassion and driven by the resilience of our community, we are committed to empowering individuals, bridging divides, and building a stronger, healthier, and more hopeful future for everyone we serve.

BOARD OF DIRECTORS

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Eva Michael, Health & Wellness Director
Isis Benitez, Childcare Director, Meagher
Justin LeDoux, Bike Program Director
Katie Giordano, Youth Development Director, Camps
KayCee Wimbish, Farm Project Director and Farmer
Michael Brown, Facility Director
Michele Diamanti, Director of Childcare
Mike Torres, Maintenance & Facility
Naisha Scott, Senior Program Director
Patrick Pellicano, Farm Community Liaison/Youth Crew Supv.
Rhea Paniesin, Grant Development/Corporate Training
Samantha Durand, Childcare Coordinator
Sandra Rodier, Community Health Coordinator
Shad Gipson, Sports Coordinator and Youth Team Coach
Susan Hereth, Farm Education Director



YMCA of Kingston & Ulster County

507 Broadway, Kingston NY 12401

845-338-3810 • ymcaulster.org



Support the YMCA with a gift today!

Visit ymcaulster.org/donate or scan QR code

Your donation helps the YMCA provide safe spaces,
healthy programs, and opportunities for all—give today.
Join us in building a stronger, healthier community.



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